

How to Clean and Disinfect Your University Sleep Mattresses

By Paul Bailey

While the Novel Coronavirus pandemic is on everyone's minds, housing and facility professionals across the country are prioritizing the safety of their students. For those who purchased a mattress from University Sleep Products, I'd like to share our recommendations for cleaning and sanitizing our mattresses.

Tests and Certifications

Before we get to the specifics, it's important to understand why our mattresses can be cleaned and sanitized. At University Sleep Products, we cover our mattresses in a medical-grade nylon that has a fluid-proof, polyurethane backing. This assures nothing can penetrate the mattress, including fluids, skin allergens, blood, and, most importantly, viruses.

We can make these claims because we have the certifications from independent, third party laboratories to prove them. Specifically, our mattress pass:

ASTM METHOD F 1670 Liquid and Synthetic Blood Penetration Test from Nelson Laboratories

ASTM METHOD F 1671 Viral Penetration Test from Nelson Laboratories

Allergen Barrier Use Simulation Test from Viracor-IBT Laboratories

(In addition, our mattresses are PBDE free, antimony free, and lead free. Our mattresses are also UL GREENGUARD® GOLD certified, an important certification for LEED buildings.)

Paul Bailey o: 224.856.2882 | m: 765.277.9759 paul@universitysleep.com



Cleaning and Sanitizing

We recommend cleaning the nylon with a neutral detergent and lukewarm water. Afterward, wipe the soap off with water and a clean cloth. Allow to dry thoroughly.

If you notice an odor from the mattress, you can use a scented detergent. If the cover is stained, we recommend using a soft sponge with detergent on the area.

For sanitizing, you can use a quaternary ("quant") solution at the manufacturer's recommended dilution ratios.

You can also disinfect the mattress with a 1:10 dilution of household bleach (5.25% sodium hypochlorite) as recommended by the CDC. In fact, this method is specifically recommended for blood or viral contaminations.

Warnings

lodophor type disinfectants (Betadine, for example) will stain SafeSleep™ fabric.

Prolonged contact with bleach solutions, improper dilution ratios or poor rinsing of the fabric may cause damage to both the appearance and performance of the nylon.

We're Here to Help

Hopefully this information gives you some relief and hope in providing a safe environment for your students.

If I can be of further service, please feel free to contact me at Paul@UniversitySleep.com.