



CHILD AND FAMILY WELLBEING PROGRAM

Empowering Children, Supporting Families

NURTURING FUTURES WITH TAILORED SOLUTIONS FOR EVERY STAGE OF LIFE

The **Child and Family Wellbeing Program** offers a comprehensive solution to address the growing global mental health challenges faced by children and adolescents. By providing targeted support for families and caregivers, the program fosters resilience and emotional health, helping communities thrive.

Program Overview

The program is designed to:

- Support children **aged three and older** through **family counseling** and **Care Coach** support. Individual counseling for children is available starting at **age six** and also includes a **Care Coach**.
- Offer tailored care for parents and caregivers.
- Enhance resilience in families facing everyday and extraordinary challenges.

Comprehensive Support

- **Pediatric Assessment:** Conducted by a licensed clinician to determine the most appropriate care plan for each family.
- **Short-term Counseling: Up to six sessions** of emotional support for families and/or individual counseling for minors addressing issues such as anxiety, grief, and school transitions.
- **Care Coach Support: Up to six sessions** providing resources, practical guidance, and a tailored plan.

How the Program Works

<p>1. Access</p> <p>Parents or legal guardians initiate contact through a dedicated phone or email channel.</p>	<p>2. Assessment</p> <p>A specialized pediatric assessment is conducted by a clinician to determine the needs of the child and family.</p>	<p>3. Care Planning</p> <p>A customized plan is developed, incorporating counseling and resource support as needed.</p>	<p>4. Follow-up</p> <p>Clinical Case Managers and Care Coaches monitor progress, ensuring continuity and effectiveness of care.</p>
------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------

Children in Crisis

The global mental health crisis affecting children and adolescents poses significant challenges. Research highlights that:

<p>80% OF CHILDREN</p> <p>with mental health conditions are undiagnosed or untreated.</p>	<p>50% OF LIFETIME</p> <p>mental health disorders begin by age 14.</p>	<p>15% OF CHILDREN</p> <p>globally face diagnosable mental health conditions.</p>
------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------

Common Concerns

- Helping children manage anxiety and depression.
- Supporting children through family changes such as divorce.
- Enhancing academic and social confidence.
- Assisting with emotional regulation and self-control.
- Connecting families with specialists for mood or behavioral disorders.

Accessible Services

- Delivered via in-person, video, or phone based on family preferences.
- Available in local languages, ensuring accessibility for diverse communities.
- Designed to meet individual needs through personalized care plans.

ENHANCED SERVICE